THE OHIO HIGH SCHOOL
ATHLETIC ASSOCIATION

2019-20 Winter Sports

October 30, 2019 - 7 pm

Welcome Parents and Students
Introductions

- Superintendent -- Dr. Domenic Paolo
- Principal -- Mrs. Katie Rumbarger
- Head Girls Basketball Coach -- Ed Reed
- Head Boys Basketball Coach -- Matt Cardina
- Head Bowling Coach -- Jerry Rich
- Head Cheerleading Coach -- Lora Rexrode
- Lake Health Athletic Trainer -- Emily Erb
- Activities Director -- Sandra Knight
- Asst. Activities Director -- Renee Kazsmer
Eligibility rules exist to help maintain competitive balance in school sports and to promote the purpose of education-based athletics.

As a student-athlete, **YOU** are primarily responsible for your compliance.

Besides OHSAA regulations, your school also has the authority to establish additional academic standards and codes of conduct.
All incoming *ninth graders* must have received *passing grades in a minimum of five* subjects in the immediately preceding grading period. All grades must be recorded in a student’s academic record.

To maintain eligibility, high school students must have received *passing grades in a minimum of five one-credit courses*, or the equivalent, in the immediately preceding grading period.
**Fairport Harbor Schools:** You need a 2.0 GPA in the previous grading period (Not cumulative grades, but the 9 weeks grades)

To maintain eligibility, 7th-8th grade students must have received **passing grades in a minimum of five classes** (or the equivalent because we are on block scheduling) in the immediately preceding grading period.
Students taking College Credit Plus must comply with OHSAA scholarship standards.

All students participating via state law that permits home educated, non-public, community and STEM school students to participate at public schools, when their schools do not offer the sport they wish to play, must also comply with OHSAA scholarship standards.

Semester and yearly grades have no effect on OHSAA eligibility - we follow the 2.0 GPA Policy - we check the 9 week grades.
To attempt to regain OHSAA eligibility, summer school grades, College Credit Plus and other educational options (e.g. work permitted after the conclusion of the grading period) **shall not** be used to bring a student into compliance with the OHSAA scholarship bylaws, nor can they be used to compensate for the lack of courses taken in the preceding grading period.

- **If you drop a course or change your schedule, it is critically important that you contact your principal or athletic administrator to see if this affects your eligibility.**
You will be ineligible if you are a member of a school team competing on a non-school team in the same sport during your school team’s season (example: club soccer team during school’s soccer season).

Coaches and schools cannot require that you participate in an open gym/open facility OR in a conditioning or instructional program. Violations of this regulation will result in penalties.
Topics we need to cover:

- Health and Safety
- Physicals/Forms
- Concussions
- Sudden Cardiac Arrest
- Performance Enhancing drugs
Before the season’s first practice (or prior to your first participation should you join the team after the season has started), you must have had a physical examination within the past year AND an examination clearance form must be on file at the school.

Physical examinations are valid for 13 months from the date of the exam. Exams taking place from May 1 to June 1 are valid for one year plus through the end of the next school year’s spring season.
Athletic participation forms shall be signed by a medical examiner (Physician [M.D., D.O. or D.C.], Advanced Nurse Practitioner or Physician’s Assistant), the participant and by a parent or guardian.

In addition, you will not be eligible unless you and your parents have signed the OHSAA Authorization Form; the OHSAA Eligibility & Authorization Statement; the Ohio Department of Health’s (ODH) concussion form, and ODH’s sudden cardiac arrest form, all of which must be on file at your school.
It is **EXTREMELY** important for everyone involved in school sports to recognize the potential dangers associated with concussions and review their responsibilities in protecting student-athletes.

- Concussions are **NOT** just a problem in football . . . concussions can happen in just about any sport!

- A concussion is a traumatic brain injury that interferes with normal function of the brain. “Dings” and “bell ringers” are **SERIOUS** brain injuries and you do **NOT** have to have loss of consciousness for it to be considered serious. Young athletes are at increased risk for serious problems.
In Ohio, any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion . . . such as loss of consciousness, headache, dizziness, confusion or balance problems . . . shall be **IMMEDIATELY** removed from the contest or practice and **shall not return to play that same day.**

Thereafter, the student shall not return to practice or competition until cleared with **WRITTEN AUTHORIZATION** from a physician or health care provider approved by the local board in accordance with state law.
What is concussion management protocol?

In addition, participants and parents must review and sign the Ohio Department of Health’s “Concussion Information Sheet” prior to participation and are highly encouraged to review a short presentation on concussions available at no cost (www.nfhslearn.com).
Sudden Cardiac Arrest (SCA) is the most common cause of death among student-athletes, and dizziness, loss of breath and a racing heart are often symptoms that are overlooked. In many cases, recognizing the signs of cardiac trouble means student-athletes can continue their athletic participation.

Participants and parents are required to view the Ohio Department of Health’s sudden cardiac arrest video.

In addition, participants and parents must review and sign the Ohio Department of Health’s “Sudden Cardiac Arrest Information Sheet” prior to participation.
The OHSAA does not permit the use of any form of alcohol, tobacco (including electronic cigarettes) or illegal drugs.

Besides the health risks involved, use of any of these items will result in students being disqualified from contests and violators likely facing additional school and legal penalties.
A Note from the HS Office on attendance.

**Absences:** If a student has a doctor’s appointment - we need a doctor’s note on file for them to be eligible for that day’s practice and/or athletic contest. (Including absences from Auburn Career Center)

**Tardiness:** Late arrivals after 9:30 am - considered ineligible for that day.

Student will be considered **unexcused** without a doctor’s note or principal approval.
The OHSAA’s vision for positive sporting behavior is built on expectations. It calls on the school community — administrators, contest officials, coaches, students, parents and fans — to strive for positive sporting behavior in everything they do by teaching the values of ethics, integrity, equity, fairness and respect.

As a student-athlete, you must always remember to Respect The Game!
That means you are expected to accept the responsibility and privilege of representing your school and community while participating in school sports. You are expected to:

- Treat opponents, coaches and officials with respect.
- Ensure that your actions do not incite fans or other participants or attempt to embarrass, ridicule or demean others.
- Respect the Officials.

• Respect The Game
For many of your students, playing on your school teams may be the last time you will participate in competitive athletics.

The OHSAA and the Fairport Athletic Department want to make sure your time as a high school student-athlete is meaningful and memorable.

Please reach out to us with any concerns.
HS Girls B-Ball - 3 pm
Freshman/JV/Varsity Boys B-Ball - 3:15 pm
MS Boys B-Ball - 3:45 pm
MS Girls B-Ball - 4 pm
Bowling - 4:30
Cheer - 5 pm

Picture Day - November 20th
Ticket Sales:
$6.00 – at the door
$4.00 – pre-sale available in the hs office for students.
$40/10 home events – adult home pass
$20/10 home events – student home pass

No charge for any Junior High Events.

Every student-athlete for winter sports will receive a pass from Mrs. Knight to get into all home games for free.
Weekly Schedules will be posted on Social Media & School Website

Follow FHSSkippers on Twitter

Fairport Harding Athletics
- Join on Facebook
Type in Arbiter Live

Type in Fairport as the school listed

All schedules are live on that site.

Cancellations are posted there first - then posted on social media and school district website.
National Federation of State HS Associations

https://nfhslearn.com/library/videos/478

6 minute parent video called: “The Parent Seat”
Individual Team Break Out Sessions

HS Boys Basketball - Mr. Cardina’s room

HS Girls Basketball - Gymnasium

Bowling - Coach Rich sent a message to all parents. See me with any q’s/ concerns.

Cheerleaders - Meet with coaches in the auditorium if you have any questions.

Multi-sport athletes or multiple kids playing sports - Take your pick!